
Holy art thou Lord of the Universe
for thy glory flows out to the ends
of the Universe, rejoicing.
Be with me now in this, The Great Work,
which I dedicate wholly to thee.
Be my mind open to the Higher.
Be my heart a center for the Light.
Be my body a temple of the Holy Spirit.

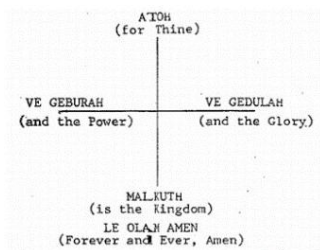
-I. Regardie

06.21.2026 ☉

4pm Lesser Banishing Ritual of the Pentagram, Middle Pillar, in
home sanctum

Tarot: The Magician. Is the Qabalistic Cross the embodiment of this
card?

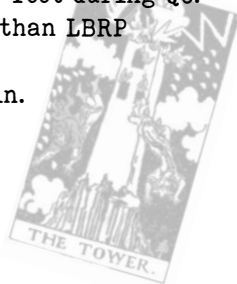
10:40pm LBRP, MP
- feet heavy,
knees weak
during MP
- LBRP
Visualizations
are improving!



07.12.2026 ☉ // · x x x

3pm - Fourfold Breath, LBRP, MP, Neophyte Meditation | approx. 40min
(stoned, sativa)

- LBRP visualizations were more solid. Didn't mess up any words! Visualized square Malkuth [x] under my feet during QC.
- MP visualizations improving, but less solid than LBRP
- NM was stimulating and balancing
- The Tower has been with me a lot. Ego slips in.
- * started 4 adorations



07.19.2026 ☉ // · x x x Ø

1:25pm - LBRP, MP, Fourfold, NM | approx. 30 min

-LBRP visuals tough. Why?

-Made and used Outer Wand of Double Power. I love it so much! I feel more dramatic in my movements, and free to be more dramatic when using it.

-MP visuals **strong**. 5 spheres felt like they were objectively part of me/real

-Worried throughout LBRP that the struggle to visualize meant I wasn't ready/shouldn't practice. Perhaps there were more elementary exercises I should master before I attempt the LBRP. What does it mean to master something?

-I paused mid-ritual and reminded myself that this work is the practice. The purpose of these drills IS to practice, and to sharpen my skills over months and years.

* Started doing the Adoration to the Lord of the Universe daily

08.10.2026 ☽ // · · x x Ø

8:15pm Fourfold, LBRP, MP, NM | approx. 30 min

-Stoned. Took a few days off to mourn. I think I am, in a meaningful way, more sensitive than the people around me. I'm always trying to numb all that damn sensation.

-I am the only person who will truly love me, the only one able. The **ONLY** important relationship in my life is the one with my Self. The Higher Genius is the **CONNECTION**.

-This is not a means to an end. It is a way to live. It is an 'alternative' to The Devil (XV). Getting stoned is something that feels necessary in The Devil's world.

-**INTENSE** depression these last few days. The only one who can save me is me. I'm mourning a life where I could be saved by someone else.

Tarot: The Lovers. The opposite of The Devil!! In the Garden, as opposed to being chained in fear. Balance, confinement. Can be liberty (as in the Garden) or oppression (The Devil). The Lovers is the **RESTORED** Eden. It is simply a reorganization of the current world.

9:45pm - LBRP | approx. 8 min

-Felt called to do another. I believe this ritual is both helping to reorganize my psyche **AND** to purify my physical form.

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08.17.2026 ☽ // x x x x 0

11:55am - Fourfold, LBRP, MP, NM | approx. 20 min

- A point is a portal. I don't know, really, what that means, but it keeps coming up in meditation.
- The pentagrams right themselves. If the wand doesn't move straight, the lines are still straight.
- Angels = tarot suits. Air is a sword. Fire is a wand.

רפאל!



מיכאל

08.24.2026 ☽ // x x · x 0

8:45am - Fourfold, LBRP, MP, NM | approx. 25 min

- Not feeling it today. Feeling distracted and scattered. Feeling like I want to learn and know — from BOOKS, not from myself.
- LOL hurry up with this ritual so I can go read about this ritual!

09.13.2026 ☾ // x · · x 0

10:36 pm - Diary | approx. 20 min

- no work today
- I'm confident that the small amount of balancing I've done so far has made an impact. I've been more able to express myself in alien situations.
- I'm concerned about only being able to hold a single worldview at a given time — will building this new worldview of the GD, will I be able to communicate with normies?

-Got too stoned >:(

-I feel such guilt for that. I'm running away and I don't realize it. The allure of the *sensation* draws me in, and I want the sensation to drown out...what? What is it I'm running from?

—Afraid of being wrong, of not believing in anything; of being meaningless

—Don't believe I have the power to create

—The Chariot is what I am meant to be. How do I *believe* that?

—Wheels are much faster than shoes

—Canopy is a representation of the heavens

-->Astral body? Aura?

***NOTE:** The below work had the desired effects, but also plenty of side-effects. I don't suggest trying this type of work if you're as green as I was here.

What were those side effects? Intense and sudden depression, emotional numbness, a feeling of being incomplete.

09.20.2026 ☉ //... x Ø

3:50 pm ♀ - LBRP | 9 min

-Attempted to banish obsessive thoughts: gluttony—mindless and insatiable sensuality. He was a caveman with an impossibly huge member. He was transfixed by it. He kept rubbing it and drooling.

-I cast him out using the Sign of the Enterer, kept him from coming back by using the Sign of Silence. During LBRP I saw him dissolving away on the far side of the flames.

-This is NOT killing him. He's stuck in a feedback loop and needs a reset. I love this part of me and want him with me, but not ruling over me. Not taking over.

4:13 pm ♀ - LBRP | approx. 12 min

-Repeat of above, more focused visuals, still feeling

painfully horny.

-Yesod hasn't been inactive, it's been numbed and ignored by me. Other parts of me are over-working to counteract this.

-Yesod is HUNGRY to create, but I am moving the light away. This is the work.

09.23.2026 ♀ // x x x · 0

9:20 pm ♀ - Diary

-Read a good chunk of Z.1 today. Excited about how the system is starting to make more sense, what with the initiation ceremony being the main teaching medium.

-Realized the part of me that needs to do things "right" wouldn't have had access to this text for YEARS if I was actually working with an actual Order or Temple.

-In that way, my autistic ADHD brain can revel in the layers of meaning across everything. I now think I'd have a hard time staying engaged within a group. And I'm thankful for the opportunity to go at it alone.

-ALL this is to say that I MUST release my fear of "doing it wrong" and read ahead! Learn and understand the ways that work best *for me*.

10.18.2026 ☉ // x x x x 0

9:45 pm ☉ - Diary [excerpts]

-[NOTE: Previously to this entry I performed a similar working to that on 09.20, but instead of focusing on the sexual aspect of gluttony, I focused on the weed facet. Similarly, it worked, for a time, but threw me into wild and unbalanced emotions.)

-I believe the last few days have been ruled by The Devil. All I wanted was weed, and I told myself I had to live an ascetic life because of my weak will.

-*"When confronted with temptation, yield."* - I. Regardie

-*"Do what thou wilt."* -Crowley

-Suddenly, I understood I was allowing materiality to rule over me, to terrorize me. I was chained, by my own hand, to an ignorant and partial understanding of reality. I was subdued and kept in bondage by a horrible perversion of the divine magnificence of AURIEL. My essence had almost faded

away. I had lost the light.

-The depression broke like a fever. This realization was akin to casting off the chains and, instantly, The Lovers. The EXACT SAME ACTUALITY when infused with the Light of Eden.

-I am endowed with the sacred power to infuse my world with Light. That power is named Temperance. The Light is the constant dance of the cups, the water sloshing back and forth, never quite equal.

-The Middle Way is not stillness; it is constant motion. When in perfect step with the Dance, The Empress is allowed to thrive and grow. She fills my garden with everything beautiful.

The
practice



Its
natural
outcome



Balance
between

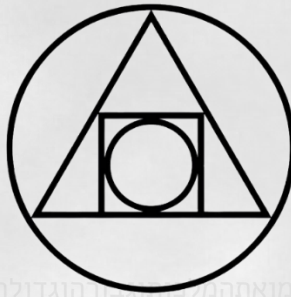


A

Forest Wizard

Publication

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